# ROZ



#### breakfast

#### AVOCADO ROTTI / 700

Choice of rotti (gf available) topped with smashed avocado and tomato.

+ sautéed mushrooms 200

#### LANKA HOPPERS / 800

Scrambled tofu and garlic mushrooms in a beetroot hopper, served with coconut sambol.

+ smashed avocado 200

#### KOLA KANDA / 300 X

Traditional Sri Lankan morning elixir, made with fresh greens from the garden. Served hot.

#### GRANOLA BOWL / 950 X

Homemade date, coconut and cinnamon granola with fresh fruit, nuts and coconut yoghurt.

#### BREAKFAST PUDDING / 500 X

Our twist on a traditional Sri Lankan breakfast made with kurrakan, sago, red rice, mung beans and a cashew & cinnamon topping.

#### FRUIT PLATE / 350 X

A selection of fresh, local fruits.

- + coconut yoghurt 200
- + granola 150

#### CACAO BOWL / 800 X

Banana, date, peanut butter and coconut smoothie bowl topped with fresh fruit. toasted cashews and more.

#### TUTTI FRUTTI BOWL / 700 💥

Papaya, banana and pineapple smoothie bowl with toasted coconut shavings, chia seeds and granola.

#### Have any dietary requirements? No problem, just let us know.



Please know that 10% service charge for our lovely staff is included in the prices.

#### Lunch

#### HUMMUS PLATTER / 1000 / 1300

Trio of beetroot, chilli and original hummus served with fresh rotti and vegetable sticks. Share it with your friends.

#### KOGGALA POKE BOWL / 1000 💥



Fresh lunch bowl with coconut tuna, pineapple salsa, salad leaves, cucumber ribbons, charred sweetcorn with a zesty dressing.

#### PAD LANKA / 1100 X

Rice noodles with crispy chilli tofu, cabbage, beets, carrot, sesame seeds, peanuts, spring onions with a lime, ginger & garlic dressing.

#### PESTO PASTA / 900

Penne pasta with homemade basil and gotu kola pesto with tomatoes and toasted cashews.

#### BEET HOPPERS / 900

Beetroot hoppers with smashed chickpeas, roasted pumpkin, coconut sambol kola slaw topped with a homemade tahini and garlic dressing.

#### KOLA SALAD / 1000



Red rice salad with sautéed cauliflower, tomato salsa, green beans, sprouts, cucumber and a peanut sauce.

#### bites with dips

SWEET POTATO FRIES / 350 / 700 BUFFALO CAULIFLOWER PIECES / 450 BEER BATTERED MUSHROOMS / 350

#### sides

COCONUT OR CHILLI SAMBOL / 200 COCONUT ROTTI (GF AVAILABLE) / 150 TOMATO & BASIL SALAD / 250 HUMMUS / 250



#### hot drinks

Our Coffee is made with local Sri Lankan beans. We use fresh coconut milk only.

ESPRESSO / 300 / 400

LATTE / 450

FLAT WHITE / 500

MOCHA / 650

A shot of espresso in a creamy hot chocolate.

HOT CHOCOLATE / 500

Made with locally sourced raw cacao.

DIRTY CHAILATTE / 600

Made with cinnamon, nutmeg, cardamon, ginger, kithul, coconut milk and a shot of coffee

COCO KOLA / 400

King Coconut with a shot of coffee - to give you super powers for the day!

#### t e a

Fancy it cold, no problem! Check the board for the ice-tea of the day.

LEMONGRASS & GINGER / 300

CINNAMON, CARDAMON & ORANGE/ 300

AYURVEDIC CHAI / 300

#### cold drinks

HOMEMADE LIMEADE / 300

LEMONGRASS, GINGER & MINT SODA GLASS / 350 JUG / 700

FRESH JUICE / 450

Choose your fruit or make it a mix. Ask what we have fresh today.

FRESH COCONUT / 150

CHILLED BOTTLED COCONUT WATER 750ML / 500

#### smoothies

THE TROPICAL / 550
Passionfruit, banana, pineapple and ginger.

THE NORTY ONE / 550
Chocolate, banana and peanut butter.

IN SEASON / 550
See the board for this weeks flavours.



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### what's the meaning behind

## kola

KOLA [කොළ] is sinhala for 'green' & 'leaf'.

100% vegan and 100% delicious, our menu is a fusion of local process, ingredients and western dishes. We want our food to excite you, be a little different, fill you up, and all the while be as healthy as possible.

KOLA's mission is to serve delicious plant-based food whilst supporting the local community and local environment. As much as we can we use local ingredients, often using home grown produce from our veggie garden.

